



Mental Health Recovery

A Workshop for Families and Veterans

Learn about mental illness, its impact on the veteran and family, resources, and ways of coping.

September 15, 2009, 1:00—4:00 PM

Bldg. 500, Rm. 6B-122

RSVP by September 1, 2009

Light refreshments

Sponsored by: Family Support & Wellness Program, Mental Health Services, Martinsburg VA Medical Center. Contact John Foley (X3119) or Teresa Bowers (X3351) for more info.