



Articles & Features

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Family Support and Wellness Program Celebrates 3rd Year

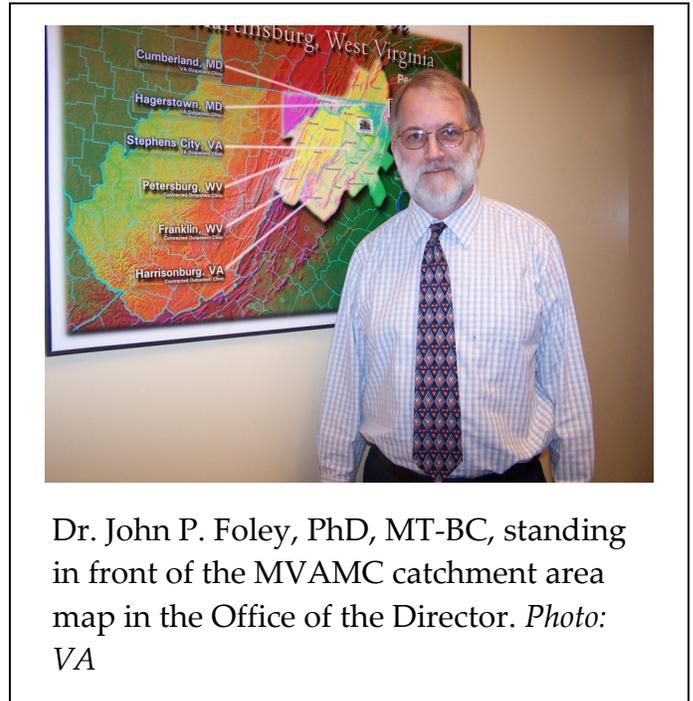
MARTINSBURG, W.Va. — The Martinsburg Veterans Affairs Medical Center's Family Support and Wellness Program (Family Psychoeducation Program) celebrated its third year on April 29.

In addition to family psychoeducation, the Family Support and Wellness Program has evolved to include brief family consultation services, couples and family counseling services, grief support group, developing social support networks group (part of the PRRC program), and assistance to families and Veterans in connecting with local mental health and other services.

The program staff includes John P. Foley, PhD, MT-BC and Teresa Bowers, LICSW. Over the last three years they have participated in training in both the McFarlane, Multifamily Group Therapy (MFG) model and the Behavioral Family Therapy (Musser & Glynn) model.

Dr. Foley has also attended advanced MFG training and is a trainer in this approach to family psychoeducation. The focus of both models is to aid families in developing improved communications and problem-solving skills. Research on these approaches with families of individuals has shown positive outcomes of decreased hospitalization rates, improved symptom management, improved social functioning, and improved quality of life.

The program is located in the Mental Health Outpatient Clinic at the Medical Center. Further information about the program call 304.263.0811 ext 3351 or ext 3119.



Dr. John P. Foley, PhD, MT-BC, standing in front of the MVAMC catchment area map in the Office of the Director. *Photo: VA*

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