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Welcome

Welcome to the 4th edition of “eHeroes, Outreach.” This summer is going to be very busy for the Martinsburg Veterans Affairs Medical Center. We have many events and projects that will be happening around campus and “eHeroes, Outreach” will keep you up-to-date with the latest and greatest information. Thank you for reading! If you would like to subscribe, or unsubscribe, to this newsletter directly, please send an email with your name to MWV-PublicAffairs@va.gov

June 2013



Editor: Rick Nappi

Co-Editor: Lauren Winebrenner

Meet Your Team

Joseph Dunham, Emergency Department Nurse



Emergency Department Nurse Joseph Dunham describes himself as a bit of a country boy at heart. He said his love for the outdoors began when he was a boy growing up on his grandfather’s cattle farm, where he would help make hay, cut firewood and care for cattle. He left the farm for the Martinsburg VAMC in 2000, when he started working on unit 5C. Dunham began working in the

Intensive Care Unit but now works in the Emergency Department, where he is a charge nurse for new staff and nursing students. He is in the process of cross-training to work in and manage the Nurse Infusion Center. Although Dunham has never served in the armed forces, he said he is proud to have served our nation’s Veterans for the past 13 years. “The most enjoyable part about being a VA nurse is working with great people, and at the same time, helping the Veterans who served this great country,” he said.

Rodney Bearman, My HealthVet Program Manager

If you ever need assistance with My HealthVet, Rodney Bearman is your man. A transplant from Ossian, Ind., Bearman recently began his VA career in February as the medical center’s My HealthVet Program Manager. With more than 23 years of active and reserve Army service, Bearman has held positions in public affairs, logistics and security. He is currently an Army Reserve Chief



Warrant Officer 4 and has served two tours in Iraq and one tour in Afghanistan. Bearman is passionate about his role in assisting Veterans with the My HealthVet service. “It is rewarding to help a Veteran enroll in My HealthVet,” he said. “Knowing that I have helped a Veteran enhance and improve their VA health care is emotionally satisfying and fulfilling.”

Our Clinic Locations

Cumberland, Md.
Fort Detrick, Md.
Hagerstown, Md.
Harrisonburg, Va.
Stephens City, Va.
Franklin, W.Va.
Petersburg, W.Va.

Around the Martinsburg VA Medical Center Campus



Interested in learning more about your health, weight loss, or smoking cessation? The Veterans Health Education program that provides classes and materials on a variety of topics regarding your health. For more information, please call 304-263-0811 ext., 2334.



Local Military Family Continues Tradition

Air National Guardsman Staff Sgt. Joseph Harper and family gathered Mother's Day for a service at the Martinsburg VAMC's historic chapel, where in 1981 he and twin brother, Joel Harper, were baptized. Even though it was Mother's Day, the service was not to celebrate a mother, but rather, to baptize Joseph's 1-year-old daughter, Arya Harper. Joseph Harper said it was important to continue the tradition his parents started by baptizing his daughter at the historic chapel that has special meaning for his family. To read more, please click [here](#).



Golden Age Games– Team Martinsburg!



Thirteen Veteran patients from the Martinsburg VAMC are heading to Buffalo, N.Y., May 30 to June 4 to participate in the National Veterans Golden Age Games. "The intention of our recreation therapy program here and our involvement in the Games is to show our aging Veteran patients the importance of staying active as they move into their older years," said Darren Yowell, medical center recreation therapy assistant and Golden Age Games coach. The Golden Age Games is a competitive VA event that began in 1985 in Albany, Ga., for Veteran patients to compete against one another in various high-and low-impact sports events. Now in its 27th year, the Games have grown into the largest sports and recreation competition in the world for Veterans 55 years of age and older. Veterans from the Martinsburg VAMC have participated in the Games for more than 10 years. Be sure to check out photos of the Veterans competing in events, receiving medals and traveling to and from the games on our social media sites such as [Facebook](#) and [Twitter](#). We want to wish our participants good luck and hope they have a great time! To read more about this story, please click [here](#).

Have you noticed our website's facelift?

Our new look is designed to help you easily and quickly access information with easy-to-use navigation. We think you'll find it easy-to-use, functional and organized around the information you need. This redesign is based on feedback from Veterans and VA facilities around the country. We hope you enjoy the new design and will find time to browse the many pages of information waiting for you behind our new home page. Click [here](#) to explore the new Martinsburg VAMC website!



Upcoming Outreach Events

June

- **Jun 9:** Welcome Home Event at the 167th Air Guard from 8:30 a.m. to 4 p.m.
- **Jun 14:** Outreach Team will be at the Hagerstown Mall for Flag Day from 8 a.m. to 4 p.m.
- **Jun 21:** Outreach team will be at Harley Davidson Bike Night in Williamsport, Md. From 4 p.m. to 8 p.m.
- **Jun 29:** Outreach Team will be at the Barge Bash in Hancock, Md. From 8 a.m. to 7 p.m.
- **Jun 29:** Outreach Team will be at the Chambersburg M&S Harley Davidson for "Homes for our Troops" from 7 a.m. to 3 p.m.

