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Director
Timothy J. Cooke



[Click here for directions
www.martinsburg.va.gov](http://www.martinsburg.va.gov)



About us

Timothy J. Cooke was appointed the Medical Center Director of the Martinsburg VA Medical Center (VAMC) on June 1. In his almost 24 year career he has served Veterans in a variety of positions. He started his VA career as an Engineering Intern at the Baltimore, Maryland VA Medical Center in 1990. In 2004 Cooke joined the Martinsburg VAMC as the Chief, Facility Management Service. From July 2009 through May 2014 he was Associate Medical Center Director. Congratulations, Mr. Cooke!

June 2014



Meet Your Team

Jennifer Riley, Licensed Graduate Social Worker



Meet Jennifer Michael Riley, licensed graduate social worker (LGSW) for the Post-Traumatic Stress Disorder (PTSD) clinical team at the medical center. A Martinsburg, West Virginia native, Riley started working for the medical center in July of 2008. She graduated with her Bachelors of Social Work in 2002 from Cairn University located in Philadelphia, Pennsylvania, and then received her Masters of Social Work from West Virginia University in 2007. Her hobbies include playing and laughing with her five-year old twin boys, who keep her very busy. June is PTSD Awareness Month, and Riley's job in the PTSD Clinic is to provide individual and group therapy for combat and non-combat Veterans. "It is rewarding to see people find peace with their past," said Riley. "Our Veterans teach me so much about myself and the world, and it is an honor to serve them every day."

Tyler Moore, Voluntary Service Specialist

Meet Tyler Moore, voluntary service specialist in the medical center's Public Affairs Office. Moore is a Frederick, Maryland native and spent four years in the United States Air Force. He has an Associates of Arts in Digital Media Design from Frederick Community College, as well as a Regents Bachelor of Arts from Shepherd University. Moore started working for the medical center in May of 2013, and is a man of many talents. Most days he is working with the My HealthVet staff and doing fliers, posters and other digital media that help promote the My HealthVet website and classes that the medical center offers. Some days, he works on special video productions that help promote the great work we do around the facility. In his spare time he enjoys playing guitar and riding his mountain bike.



Our Clinic Locations

[Cumberland, Md.](#)
[Fort Detrick, Md.](#)
[Hagerstown, Md.](#)
[Harrisonburg, Va.](#)
[Stephens City, Va.](#)
[Franklin, W.Va.](#)
[Petersburg, W.Va.](#)

Quick Tips

Ask your provider about Veterans Health Education classes!



Visit this [link](#) to check out all of the classes we have available this month.



Volunteers honored at Martinsburg VAMC

On Sunday, May 18, the Martinsburg VA Medical Center held its annual Volunteer Awards Banquet to honor over 250 men and women who volunteer to help Veterans. During the banquet, awards were presented to volunteers and Veteran Service Organizations (VSO) for their exceptional and outstanding service during 2013. Volunteers and VSO's logged over 48,000 hours and drove more than 165,000 miles to ensure Veterans receive the best care.



This year's recipient of the "above and beyond" award is James Carper. "I was in tremendous shock, I'm unworthy," said Carper. A Navy Veteran from Jefferson County, Carper has been an asset with transporting Veterans to the medical center for their appointments. "This is my way of paying it forward." said Carper. "You meet a lot of great people who trust and rely on each other." Associate Director Timothy J. Cooke and Associate Director of Patient Care Services Susan E. George attended this year's banquet. "Volunteers are tireless in their devotion to helping our nation's heroes." said Cooke. To read more, click [here](#).

Operation God Bless America Ride



Nearly 1,800 motorcycle engines rumbled during the 24th annual Operation God Bless America Ride (OGBA) at the Martinsburg VA Medical Center (VAMC) on June 1. Veterans from all eras and ages came out to support the event. An avenue of flags welcomed the riders, Veterans, Veterans Service Organizations, community partners, volunteers, families and friends as they entered the

campus. Since 1991, motorcycle enthusiasts from the tri-state area have come together for a benefit ride to raise money to support Veteran programs at the Martinsburg VAMC. "I'm amazed every year," said Dottie Hough, chief voluntary service. "I've been feeling the same way for the past 24 years." This year, about 2,000 riders started in Greencastle, Pennsylvania on the road to Martinsburg, West Virginia to support the annual event and raise money for Veterans. The first OGBA, in 1991, was to the Eternal Light Peace Memorial in Gettysburg, Pennsylvania. To read more, click [here](#).

June is PTSD Awareness Month

The National Center for PTSD promotes awareness of PTSD and effective treatments throughout the year. During the month of June, we ask everyone to help us raise PTSD awareness. Following trauma, most people experience stress reactions but many do not develop PTSD. However, if stress reactions do not improve over time and they disrupt everyday life, help should be sought to determine if PTSD is a factor. The purpose of PTSD Awareness Month is to encourage everyone to raise public awareness of PTSD and its effective treatments so that everyone can help people affected by PTSD. To learn more please visit www.ptsd.va.gov.



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