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Director
Timothy J. Cooke



[Click here for directions
www.martinsburg.va.gov](http://www.martinsburg.va.gov)



About us

Since 1944, the Martinsburg VA Medical Center (VAMC) has been improving the health of the men and women who have so proudly served our nation. We consider it our privilege to serve your health care needs in any way we can. Services are available to more than 126,000 Veterans living in 22 counties in Western Maryland, West Virginia, South Central Pennsylvania and Northwest Virginia. Our mission is to honor America's Veterans as heroes by providing the highest quality health care.

March 2016



Veteran "X" Program



Have you heard about the Veteran "X" Program? The program, which has been around since 2009, uses a peer-led group to address a number of common problems Veterans face, such as, mental health, homelessness, and substance abuse. During sessions the group presents a scenario of a fictitious Veteran who has an abundance of issues. The group serves as the treatment team through the use of role-play,

brainstorming and information-gathering and helps Veteran "X" navigate the challenging obstacles faced on the path to recovery. Some of the goals the program helps to work toward are to become employed, live independently, make amends with friends and family, live life in sobriety, stop smoking, become debt free and to get out of the legal system. Recently, the Martinsburg VAMC had 20 Veterans graduate from the Veteran "X" group. The medical center's Veteran "X" program is open to all Veterans and is held in the HOPE Center on Mondays and Fridays from 10 a.m. to noon. For more information contact Tony Henderson at 304-263-0811, ext. 2989.

Virtual Claims Clinic and Town Hall

On Thursday, March 10 the medical center will hold a Virtual Claims Clinic hosted by the Veterans Benefits Administration and a medical center public town hall meeting. The claims clinic will be held in Room 6A-163 of the main building from 9 a.m. to 2:30 p.m. The services available at the claims clinic will be new claims, addressing claims-related questions, providing guidance on Veterans Benefits claims, and VA pension information and support. The medical center public town hall meeting will be held in the old chapel at 5:30 p.m.

Our Clinic Locations

[Cumberland, Md.](#)
[Fort Detrick, Md.](#)
[Hagerstown, Md.](#)
[Harrisonburg, Va.](#)
[Stephens City, Va.](#)
[Franklin, W.Va.](#)
[Petersburg, W.Va.](#)

For more information about Veterans homeless programs visit www.va.gov/homeless/.



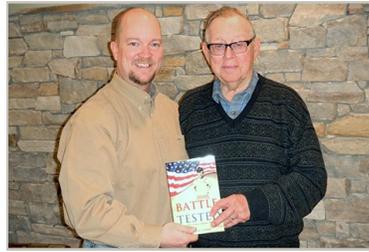
Come join a panel discussion about women in public service and government!
Thursday, March 24, 2016
Noon to 1 p.m.
Room 1B-114

March is National Nutrition Month!



Savor the Flavor of Eating Right

WWII Veteran Dedicates Autobiography



The Martinsburg VA Medical Center (VAMC) had a visit from 90 year old WWII Veteran Gregg P. Davis to share his recently published autobiography “Battle Tested” with the medical center director. Raised near Altoona, Pennsylvania, Davis was drafted only 22 days after his high school graduation. Davis became a decorated Army Veteran who served as a mortar man in the 89th Division during WWII. His autobiography shares his stories from being a street kid during the great depression to being the first group of American Soldiers to liberate the first concentration camp during WWII. Davis has dedicated part of his autobiography to the Department of Veterans Affairs with special credit to the team of health care providers at the Martinsburg VAMC. The dedication reads: “To all the staff members of the Martinsburg, W. Va. Veterans Hospital and especially Ann, Nancy, Larry and Timothy Cooke, medical center director; thank you for rescuing me from a dark hole and helping me tell my story.”

General Patton Retires

General Patton, the Chihuahua owned by Buddy and Carol Sours, stopped by the Martinsburg VA Medical Center to say farewell after more than nine years of attending medical center events and visiting Veterans. Join us in wishing General Patton a happy retirement! To see General Patton’s story [click here](#) or the view the video below.



Upcoming Events!

Please see below for a list of upcoming events at the medical center and surrounding community based outpatient clinics. Stay tuned to our [Facebook page](#) for more information regarding these great events.

- Thu., March 10 from 9 a.m. to 2:30 p.m. - Veterans Benefits Virtual Claims Clinic
- Thu., March 10 from 5:30 to 7 p.m. - Medical Center Town Hall
- Thu., March 24 from noon to 1 p.m. - Women’s History Month Panel Discussion



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