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Acting Director
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[Click here for directions
www.martinsburg.va.gov](http://www.martinsburg.va.gov)



Veterans Day

Every day is Veterans Day at the Martinsburg VA Medical Center. We are proud to recognize men and women who at one point in their life wrote a blank check to our nation. Each of the men and women Veterans we honor uttered the enlistment oath that changed their lives forever. We sincerely thank you for your selfless service to our great nation.

November 2013



Meet Your Team

Shari Lancaster Jordan, LCSW



Meet Shari Lancaster Jordan, licensed clinical social worker and tele-case manager for Women's Rural Health. This native West Virginian currently resides in Charles Town, W.Va., with her husband of 28 years and has one son and one daughter. Jordan received her Bachelor of Social Work, cum laude, from Shepherd University in 1985 and a Master of Social Work from West Virginia University in 2003. She has held numerous positions here—Center for Addictions Treatment Program vocational rehabilitation specialist, Domiciliary Health Maintenance Program Manager and social worker for various programs. Continuing the tradition began by her father, who was a WWII Navy Veteran who worked here for 36 years, Jordan has been at the medical center for more than 21 years. "I enjoy having the privilege of working with our nation's heroes and being able to enhance their lives by making memorable contributions to each Veteran."

Jan Smith, Program Support Clerk

Janet "Jan" Smith, program support clerk, is usually one of the first faces Veterans and their families, staff, and visitors see when they enter the medical center. Smith, a Martinsburg native and military spouse, began working at the medical center in January 2008. Some of her hobbies include gardening, reading, traveling and spending time with her family. Smith said she enjoys working at the medical center. "Every day is a new adventure," she said. "The unique opportunity to meet and assist our Veterans, their families and caregivers makes the reward of this job so much more than just a paycheck." While Smith said she enjoys her job, she also considers it a contribution. "The military men and women we have an opportunity to assist are our great American heroes," she said. "I feel honored to contribute in some small way to make their visits to the hospital a little easier."



Our Clinic Locations

[Cumberland, Md.](#)
[Fort Detrick, Md.](#)
[Hagerstown, Md.](#)
[Harrisonburg, Va.](#)
[Stephens City, Va.](#)
[Franklin, W.Va.](#)
[Petersburg, W.Va.](#)

Quick Tips

Be Tobacco Free!

Plan your quit date and get support for quitting at the Great American Smoke-out on Nov. 21.



For more information on tobacco cessation, visit this [link](#) or call

1-855-QUIT-VET



National Breast Cancer Awareness Month



The Martinsburg VA Medical Center staff and volunteers created a pink ribbon in support of Breast Cancer Awareness month and “Wear Pink to Work Day” on Oct. 24. The final photo can be viewed on our Facebook page, along with other photos from Breast Cancer Awareness month. We also made a time lapse video of the event, which you can watch [here](#). To learn more about risk factors for breast cancer and how the VA provides mammograms for all Veterans, click [here](#).

New Multimedia Page

The Martinsburg VA Medical Center launched its first multimedia web page designed to offer a new way to experience some of the great happenings at the medical center. The new page has original, informative video content and offers a new way for Veterans to learn about the medical center and its programs. The videos cover a variety of topics that range from medical center on-campus events to specific Veteran programs. The page and videos are designed to inform as well as entertain. All the videos are also available with closed-captions. The multimedia web page is not just limited to videos; there is also an audio recordings section with radio interviews from WEPM- “Live from the Panhandle”. These interviews with staff members are also full of great information. Check out the new page [here](#).



Harrisonburg CBOC Grand Opening Ceremony



On Wednesday, Nov. 20 at 10:30 a.m., the Martinsburg Veterans Affairs (VA) Medical Center and Valor Healthcare by Humana will hold a Grand Opening Ceremony for the new contracted Harrisonburg Community Based Outpatient Clinic (CBOC). There will be a ribbon-cutting ceremony and tour of the facility. With more than 12,000 square feet, this facility provides local area

Veterans with comprehensive health care services, including physical medicine, rehabilitation and telehealth. The clinic is located at 1755 S. High Street, Harrisonburg, Virginia 22801. Directions to the Harrisburg Contract CBOC are located [here](#). If you have any questions about the grand opening, please call the Public Affairs Office at 304-263-0811, ext. 4013.

Upcoming Events

Nov. 14—the Martinsburg VAMC outreach team will attend the Petersburg, W.Va., American Legion Post 78 monthly membership meeting from 6—8 p.m. to provide Veterans information about VA Health Care and My HealthVet.

Nov. 16—the Martinsburg VAMC outreach team will attend the Vietnam Veterans of America Post 936 breakfast at Denny’s in Edinburg, Va., from 9 a.m.—noon to provide Veterans information about VHA services, programs and Community Based Outpatient Clinics.

Nov. 21—the Martinsburg VAMC will conduct an emergency preparedness exercise, Operation No Guts No Glory, designed to evaluate emergency response plans, policies and procedures.

