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**Director**  
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[Click here for directions  
www.martinsburg.va.gov](http://www.martinsburg.va.gov)



## About us

Since 1944, the Martinsburg VA Medical Center (VAMC) has been improving the health of the men and women who so proudly served our nation. We consider it our privilege to serve your health care needs in any way we can. Services are available to more than 126,000 Veterans living in 22 counties in Western Maryland, West Virginia, South Central Pennsylvania and Northwest Virginia. Our mission is to honor America's Veterans as heroes by providing the highest quality health care.

## October 2016



## Drive-thru flu shot clinic now open



The Martinsburg VA Medical Center (VAMC) drive-thru flu clinic is now open and is providing seasonal flu shots to Veterans. The best time to get a flu shot is October through December, as the peak of flu season is January through March. If you are a Veteran enrolled in the Department of Veterans Affairs (VA) health care system and have a VA ID card, you have several options for receiving your flu shot:

- The most convenient option is the drive-thru flu shot clinic located in parking lot "O" at the end of the parking lot across from the historical Chapel. The drive-thru clinic is open Monday through Friday from 8:30 a.m. to 3:30 p.m. with extended hours on Wednesdays until 5 p.m. follow the directional signs from the main gate.
- Ask for a flu shot during your next scheduled Primary care appointment. If you do not have an appointment, the Comprehensive Primary Care (CPC) clinics will have walk-in flu shot clinics Monday, Wednesday and Friday from 2 to 4 p.m.
- From one of the medical center's seven community based outpatient clinics (CBOCs).

The Centers for Disease Control and Prevention recommend that persons age six months or older receive a flu shot. All Veterans, regardless of age, should get a flu shot. Remember, you cannot get the flu from a flu shot! Plan your visit and protect yourself, your family and those around you. If you are a Veteran not enrolled in VA health care, visit the Martinsburg VAMC Eligibility Office in Room 1A-161, Monday through Friday between 8 a.m. and 4 p.m. If you have questions call the medical center Flu Information line: 304-579-2600 or Bobbi Corbin, flu clinic coordinator, 304-263-0811, ext. 3508.

## Our Clinic Locations

[Cumberland, Md.](#)  
[Fort Detrick, Md.](#)  
[Hagerstown, Md.](#)  
[Harrisonburg, Va.](#)  
[Stephens City, Va.](#)  
[Franklin, W.Va.](#)  
[Petersburg, W.Va.](#)

## Veterans Day Events

Saturday, November 7  
8 a.m. to 3:30 p.m.



Scheduled Events:

- 5K/1K run, walk and roll beginning at 9 a.m.
- Formal ceremony at 11 a.m.
- Pigskins and Patriots football scrimmage at 3 p.m.

## Veterans Day 5K/1K Run, Walk and Roll



Saturday, Nov. 5 at  
9 a.m. in front of the  
medical center



Cold Turkey is the most popular way to quit smoking! Make today the day you quit. Run off your cravings and trash your pack for the Great American Smokeout,  
**Thursday, Nov. 17!**

## Martinsburg VA Medical Center new Fire Chief



Meet Eric Gray, the medical center's new Fire Chief. In 1994 at the age of 14 Gray joined the Potomac Valley Fire Company. At the age of 16 Gray became a certified firefighter completing classes at the University of Maryland. Gray was selected as the Potomac Valley Fire Company Assistant Fire Chief at the age of 21 and served in that position for 10 years until becoming Deputy Fire Chief and ultimately Fire Chief, a volunteer position he still holds. At Potomac Valley, he has served as the Incident Commander for over 300 calls including structure fires, water rescues, high angle rescues, vehicle accidents and other incidents. His career at the Martinsburg VA Medical Center began in 2008 as a Firefighter/EMT-B. In 2012, he was promoted to Assistant Fire Chief. Gray has over 23 years of volunteer fire service and experience which has prepared him for any type of emergencies faced with while serving our Veterans. Gray is grateful to continue his rewarding career and apply all of his experience and knowledge while serving as Chief of the Fire Department at the Martinsburg VA Medical Center. Congratulations Chief Gray!

## October is Breast Cancer Awareness Month

According to the National Cancer Institute, women in the United States get breast cancer more than any other type of cancer except skin cancer. Breast cancer is second to lung cancer as a cause of cancer death in American women. Localized breast cancer has a 99 percent survival rate if detected early, and VA leads the nation's health care systems in providing mammograms to those who need them. On Oct. 6, Martinsburg VA Medical Center employees and volunteers wore pink and created a human pink ribbon to recognize Breast Cancer Awareness month. Click the video below to view the medical center's human pink ribbon.

The Martinsburg  
VA Medical Center  
Proudly Wears Pink

## Upcoming Events!

Please see below for a list of upcoming events at the medical center and surrounding community based outpatient clinics. Stay tuned to our [Facebook page](#) for more information regarding these great events.

Sat, Oct. 1 through Mon, Oct. 31 - *National Breast Cancer Awareness Month*

Fri, Oct. 28 from noon to 1 p.m. - *Disability Employment Awareness Event* (Room 1B-114)

Sat, Nov. 5 - *Veterans Day Celebration*

Sat, Nov. 5 - *Homeless Haven Stand-down*

Thu, Nov. 10 from noon to 1 p.m. - *Native American Indian Heritage Event* (Room 1B-114)

Thu, Nov. 17 from 11 a.m. to 2 p.m. - *Great American Smokeout Cold Turkey Trot* (Lobby)



**VA**  
**HEALTH**  
**CARE** | Defining  
**EXCELLENCE**  
in the 21st Century