

Preceptor Biography

Name: Sarah McDonald Pharm.D., BCPS

Primary Practice site: Ft. Detrick Community Based Outpatient Clinic

School of pharmacy: Shenandoah University, Bernard J. Dunn School of Pharmacy

Residency program: Martinsburg Veterans Affairs Medical Center

Usual daily activities:

- Management of patients with diabetes, hypertension and hyperlipidemia
- Anticoagulation management
- Patient education
- Medication dispensing /Pharmacy management
- Non-formulary drug reviews

What you like most about working for the Martinsburg VAMC: The best part of working for the Martinsburg VA is the freedom that we are allotted as pharmacists to prescribe and work one on one with patient's to improve their health. As part of this, I have an excellent relationship with my physicians and we collaborate frequently on patient care. I also find that pharmacy has excellent management that is supportive of new ideas and are always looking for ways to perform at a higher standard.

Other interests:

- Pharmacy: Women's health is an area that I would like to grow in as the VA provides care to an increasing number of women Veterans.
- Personal: My puppies (Lucy and Nellie), Running/lifting and Baking